

Indian Journal of Natural Products and Resources Vol. 12(1), March 2021, pp. 101-115



Medicinal plants of Seijosa circle, Pakke-Kessang district, Arunachal Pradesh, India

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Received 28 January 2020; Revised 10 December 2020

During plant exploration and survey of Seijosa Circle (forest area), in Pakke Kessang district of Arunachal Pradesh (2018-2019) the authors collected *ca.* 3000 plant samples from different localities. Of these, 219 species belonging to 184 genera and 84 families are used as medicinal plants. The information about the medicinal uses of these plants has been gathered during field trips of Seijosa from local inhabitants. The plants are arranged alphabetically family-wise, followed by their scientific name, regional name, habit, plant parts used, medicinal uses and accession number. These plant species are utilized by local people for various ailments in the Seijosa forest area.

Keywords: Arunachal Pradesh, Medicinal uses, Pakke-Kessang district, Plant exploration, Seijosa circle.

IPC code; Int. cl. (2015.01)- A61K36/00

Introduction

Arunachal Pradesh, a north-eastern state located in the Eastern Himalayan region of India, represents a tropical forest type. The total population of the Arunachal Pradesh spreading over 25 districts is about 13.83.727^(ref 1). The largest of the seven sister states of Northeast India, it is home to about 28 major tribes and 110 sub-tribes². Material for the Flora of Arunachal Pradesh by Chowdhery et al³⁻⁵ provides the baseline data on the Angiosperm flora of the state. However, Ambrish⁶ reported 1059 species under 510 genera and 146 families of Angiosperm from the Upper Subansiri district of Arunachal Pradesh. Dash and Singh⁷ reported 1321 species under 586 genera and 146 families of Angiosperms from the Kurung Kumey district of Arunachal Pradesh. Recently carved Seijosa circle (forest area) in Pakke-Kessang district of Arunachal Pradesh lies between the foothills of Seijosa at an elevation of 300-550 m near Pakke Wildlife Sanctuary of East Kameng District. Various studies have been conducted in the adjoining Pakke Wildlife Sanctuary but the Seijosa forest area is untouched and unexplored floristically. The major

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ethnic group found here is the *Nyishi* tribe with a population of over 10,000^(ref 8). Tag and Das⁹ conducted an ethnobotanical study of the Hill Miri Tribe of Arunachal Pradesh. Jeri et al. 10 conducted a detailed ethnobotanical investigation of 62 wild edible and medicinal plants belonging to 48 genera and 32 families used by the Nyishi community in Pakke Wildlife Sanctuary. Tangjang et al. 11 reported the traditional use of 74 medicinal plants species belonging to 41 taxonomic plant families used for curing of 25 different diseases/ailments by inhabitants of the Tirap, the Dibang Valley and the Papum Pare. Shankar and Rawat¹² conducted a detailed study on medicinal plants of Arunachal Pradesh. Tag et al. 13 reported 215 species of higher plants belonging to 165 genera and 70 families in Pakke Wildlife Sanctuary and Tiger Reserve. Perme² et al. reported the traditional use of 101 medicinal plants species belonging to 50 families used for curing 156 different diseases/ailments in Arunachal Pradesh. Murtem and Chaudhry¹⁴ reported 140 medicinal plants used by the Tagin, Hill Miri (now Nyshi) and Galo tribes of the Upper Subansiri district of Arunachal Pradesh. Jevaprakash et al¹⁵ reported 73 medicinal plants belonging to 66 genera and 44 families used by the Adi community in and around the area of D' Ering Wildlife Sanctuary, Arunachal Pradesh.

Danggen *et al.*¹⁶ reported 28 ethnomedicinal plants belonging to 20 families among *Adi* Tribe of Yingkiong and Mariyang Valley, Upper Siang District, Arunachal Pradesh, India. Balkrishna *et al.*¹⁷ reported 38 medicinal ferns and fern-allies from the Seijosa forest area of Arunachal Pradesh. The current survey recorded 219 medicinal plants belonging to 184 genera and 84 families through the systematic collection in the years 2018-2019. The present study highlights important medicinal phanerogams from the Seijosa forest area of Arunachal Pradesh.

Materials and Methods

The present study was conducted in Seijosa circle (forest area) located in Pakke-Kessang district of Arunachal Pradesh during 2018-2019 (Fig. 1). It is a transition zone of Assam and Eastern Himalaya at an elevation of 300-550 m a.s.l. and lies between the latitude 26°-27°20′ N and longitude 93°-93°12′ E. The temperature recorded at the foothills of Seijosa varies from 14-25 °C in the month of January to 25-36 °C in June. Based on Champion and Seth le classification, the forest type observed was Tropical Evergreen Forest (1B/C₁, 1B/C₂). Heavy rainfall occurs between April-October and November-January is the dormant period for plants. The average rainfall is 3742 mm and relative humidity varies from 32 to 93%.

Interactions were made with the elderly people and medicine men of various villages of the locality with help of the Forest Department to know the various plant parts used as medicine with their local names and also verified with published literature. Collection of plant samples and their herbarium preparation was done as per the method described by Jain and Rao¹⁹. Identification of the plants was done as per available literature on regional floras. The identified herbarium sheets were deposited at Patanjali Research Foundation Herbarium (PRFH) Haridwar (Uttarakhand) for future reference.

Results

Seijosa circle is rich in plant diversity and well connected with rest of cities of district with a small traditional market (Fig. 2) and during this study, total of 219 species belonging to 184 genera and 84 families were recorded. Among all the species, 63 trees, 41 shrubs, 12 under shrubs, 63 herbs, 39 climbers and 01 epiphyte were recorded (Table 1). Medicinally, the most important family was Asteraceae and Fabaceae with 13 species followed by Lamiaceae and Malvaceae (11 each), Poaceae (10), Cucurbitaceae (7), Euphorbiaceae (7), Solanaceae (6), Amaranthaceae, Moraceae, Piperaceae, Rutaceae and Apocynaceae (5 each) and Acanthaceae, Rosaceae

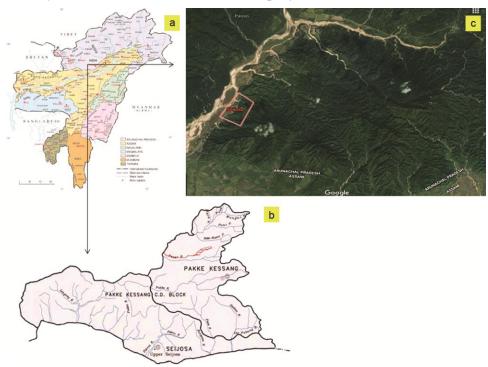


Fig. 1 — a, b) Map of the study area in Arunachal Pradesh and Pakke Kesang District and c) Satelite view of Seijosa circle of Pakke Kessang District, Arunachal Pradesh.



Fig. 2 (a- b) — Traditional market of Seijosa in Pakke-Kessang district of Arunachal Pradesh.

Table 1	l — Habit patt	ern of plant species for	and in the study area
S. No.	Habit	No. of Plant Species	% of Habit pattern
1	Climbers	39	17.80
2	Herbs	63	28.76
3	Shrubs	41	18.72
4	Trees	63	28.76
5	Undershrubs	12	5.47
6	Epiphytes	1	0.01

and Phyllanthaceae (4 each). Various rare plants like Alsophila gigantea Wall. ex Hook., Alsophila khasyana T. Moore ex Kuhn, Gnetum gnemon L., Gnetum montanum Markgr., Magnolia hodgsonii (Hook. f. and Thomson) H. Keng, Magnolia pterocarpa Roxb., Aphanamixis polystachya (Wall.) Parker. Phoenix rupicola T. Anderson. Plectocomia himalayana Griff., Wallichia oblongifolia Griff., etc. were observed in the present study. Cinnamomum tamala (Buch.-Ham.) T. Nees and Eberm., Cymbopogon nardus (L.) Rendle,

Garcinia pedunculata Roxb. ex Buch.-Ham., Lagerstroemia speciosa (L.) Pers., Leucas aspera (Willd.) Link, Macaranga denticulata (Blume) Müll.Arg., Macaranga peltata (Roxb.) Müll.Arg., Mikania micrantha Kunth, Mussaenda roxburghii Hook. f., Pandanus furcatus Roxb., Piper attenuatum Buch.-Ham. ex Miq., Schima wallichii (DC.) Korth., Solanum indicum L., Stereospermum chelonoides (L.f.) DC., Urena lobata L., etc., are highly important medicinal plants. A list of plant species along with their family names, regional names, plant part used, medicinal uses and accession numbers are given in Table 2. Various plants parts like root, tuber, stem, bark, latex, resin, oil, gum, leaves, flower, fruit, seed, young shoot and whole plant in the form of decoction, powder, pills, asava (fermented liquid), ash, paste, inhaler, etc., were used for the treatment of various ailments. These plant parts are effective against various ailments such as arthritis, asthma, blood disorder, constipation, cough, cuts and wounds, diabetes, diarrhoea and dysentery, fever, gonorrhoea, gout, indigestion, jaundice, leprosy, leucorrhoea, malaria, piles, rheumatism, scorpion sting, skin disease, snake bite, toothache, ulcer and uterine diseases, etc. Out of the total medicinal plant species collected, about 75% of the species are found in wild, 15% are cultivated whereas 10% are both cultivated and from the wild. It has also been observed that various medicinal plants like Aegle marmelos (L.) Corrêa, Anacardium occidentale L., Areca catechu L., Brassica nigra (L.) K. Koch, Carica papaya L., Cleome viscosa L., Colocasia esculenta (L.) Schott, Coriandrum sativum L., Cucumis sativus L., Dioscorea deltoidea Wall. ex Griseb., Mangifera indica L., Ocimum tenuiflorum L., Piper nigrum L., Sesamum indicum L., etc. are grown in home gardens according to their needs. Leaves are the significant plant parts widely utilized which contributed 60% of the recorded plant species followed by the other parts like roots, stem and whole plants.

Discussion

North East India harbours nearly 50% of the flowering plants recorded from India and exhibits the richest diversity. The region is home to many wild relatives of cultivated plants such as orchids, *Musa*, bamboos, citrus, gingers, palms, etc. More than 250 tribes of different ethnic groups that speak more than 200 dialects with distinct cultural entities inhabit the region²⁰. The present study showed a high diversity of plant use by the local people of Seijosa, Pakke-

S. No.	Family	Name of Plant	Regional Name	Habit	Plant Parts Used	Medicinal Use	Accession Number
1.	Acanthaceae	Acanthus leucostachyus Wall. ex Nees	-	Herb	Wp	Oral contraceptive	3725
2.	Acanthaceae	Phlogacanthus thyrsiformis (Roxb. ex Hardw.) Mabb.	Ran-hing	Shrub	Lf	Cough and cold, fever and rheumatism	4474
3.	Acanthaceae	Phlogacanthus curviflorus (Wall.) Nees	Thamran-hingse	Shrub	St, Lf	Cough and fever	2837
4.	Acanthaceae	Thunbergia grandiflora Roxb.	Zawngafian Vako.	Climber	Lf	Abdominal disorders and boils	13008
5.	Achariaceae	Gynocardia odorata R. Br.	Sai-thei	Tree	Sd	Leprosy, toothache and skin diseases	3287
5.	Amaranthaceae	Alternanthera sessilis (L.) R.Br. ex DC.	-	Herb	Ys, St, Lf	Snake bite	3922
7.		Amaranthus spinosus L.	Tai	Herb	Wp	Blood disorders, cough, leucorrhoea, constipation, urinary tract infection, leprosy, skin infection, piles and dysentery	
8.	Amaranthaceae	Amaranthus viridis L.	Zamzo	Herb	St, Lf	Snake bite, constipation and scorpion sting	3335
9.	Amaranthaceae	Celosia argentea L.	-	Undershrub	Fl, Sd	Menstrual problem, diarrhoea, cough and dysentery.	6978
10.	Amaranthaceae	Chenopodium album L.	Taye	Herb	Lf	Worm infestation and piles	5152
11.	Amaryllidaceae	Crinum asiaticum L.	-	Herb	Tub	Snake bite, vomiting, urinary discharges and tumours	3994
12.	Anacardiaceae	Anacardium occidentale L.	-	Tree	Bk, Lf, Fr, O	Toothache, sore gums, tumour, fever, ulcer, leucoderma, skin diseases, dysentery, piles and loss of appetite	3976
13.	Anacardiaceae	Mangifera indica L.	Theihai	Tree	Bk, Fr, Sd	Diphtheria, rheumatism and asthma	5200
14.	Anacardiaceae	Rhus succedanea L.	-	Tree	Lf, Fr	Blister	3101
15.	Annonaceae	Annona reticulata L.	-	Tree	Fr	Blood disorders, cough and cold	6983
16.	Apiaceae	Centella asiatica (L.) Urb.	Hanhbial, Lambak	Herb	Wp	Numbness and bodyache	3988
17.	Apiaceae	Coriandrum sativum L.	-	Herb	Lf, Sd	Ophthalmalgia, jaundice, toothache, bleeding of the gums, scabies and tuberculosis	2752
18.	Apocynaceae	Allamanda cathartica L.	-	Shrub	Rt	Snake bite	4347
19.	Apocynaceae	Alstonia scholaris (L.) R. Br.	Thuamriat	Tree	Rt, Lf, Bk, Lt	Fever, diarrhoea, dysentery, snake bite, malaria and ulcer	3972
20.	Apocynaceae	Catharanthus roseus (L.) G. Don	Kumtluang	Herb	Wp, Lf, Fl	Diabetes and cancer	3853
21.	Apocynaceae	Tabernaemontana divaricata (L.) R. Br. ex Roem. and	Pararsi	Tree	Rt, Lt	Toothache and eye trouble	3785

S. No.	Family	Name of Plant	Regional Name	Habit	Plant Parts Used	Medicinal Use	Accession Number
22.	Apocynaceae	Wrightia arborea (Dennst.) Mabb.	-	Tree	Bk	Menstrual and renal complaints	3327
23.	Araceae	Colocasia esculenta (L.) Schott	Bal, Dawl	Herb	Rhz, Lf	Indigestion, lack of appetite, constipation and cough	3039
24.	Araceae	Pothos scandens L.	Louchit	Epiphyte	St	Snake bite, small pox and asthma	4475
25.	Araliaceae	Hydrocotyle javanica Thunb.	Hlovaidawr, Darbengbur	Herb	Lf	Nervousness, dysentery and indigestion	3639
26.	Araliaceae	Trevesia palmata (Roxb. ex Lindl.) Vis.	Kawhte-bel, Tagomeyo	Shrub	Lf, Fl	High blood pressure, asthma, indigestion, liver disorder and stomachach	4063
27.	Arecaceae	Areca catechu L.	Kuvathing	Tree	Nut	Diabetes.	3981
28.	Arecaceae	Caryota urens L.	Meihle, Tum	Tree	Nut	Migraine and pain	6979
29.	Aristolochiaceae	Aristolochia indica L.	-	Climber	Rt	Fever	6982
30.	Asteraceae	Acmella calva (DC.) R.K.Jansen	-	Herb	Lf, Fr	Stomatitis	4231
31.	Asteraceae	Acmella oleracea (L.) R.K. Jansen	-	Herb	Wp	Urinary disorders, inflammation of lungs and bowels	3499
2.	Asteraceae	<i>Acmella paniculata</i> (Wall. ex DC.) R.K. Jansen	Pajong Nam	Herb	Fl	Toothache and bodyache	2727
33.	Asteraceae	Ageratum conyzoides L.	Vailenhlo	Herb	St, Lf	Cuts, wound, Cuts & wound and scabies	3848
34.	Asteraceae	Ageratum houstonianum Mill.	-	Herb	Lf	Cuts and wound	3502
35.	Asteraceae	Chromolaena odorata (L.) R.M.King and H.Rob.	Telimbabo	Herb	Lf	Fish poison and wound	3526
36.	Asteraceae	Crassocephalum crepidioides (Benth.) S.Moore	S -	Herb	Lf	Cuts, pain, wound bleeding and headache	3534
37.	Asteraceae	Cyanthillium cinereum (L.) H. Rob.	-	Herb	Wp, Lf, Sd	Worm infestation, cough leucoderma and skindiseases	,3409
88.	Asteraceae	Eclipta prostrata (L.) L.	-	Herb	Wp	Headache, fever and jaundice	4269
39.	Asteraceae	Emilia sonchifolia (L.) DC. ex DC.	-	Herb	Rt, Lf	Diarrhoea, inflammation of eyes and night blindness	5459
Ю.	Asteraceae	${\it Laphangium\ lute oalbum\ (L.)} \\ {\it Tzvelev}$	-	Herb	Lf	Fever	3612
1.	Asteraceae	Mikania micrantha Kunth	Japan-hlo	Climber	Lf	Malaria, diarrhoea and wound	3626
12.	Asteraceae	Tagetes erecta L.	Derhken	Herb	Lf	Boils, eye problem and piles	3907
3.	Bignoniaceae	Oroxylum indicum (L.) Kurz	_	Tree	Fr, Bk	and dysentery	6973
14.	Bignoniaceae	Stereospermum chelonoides (L.f.) DC.	_	Tree	Rt, Bk	Cough and renal disorders	4337
15.	Brassicaceae	Brassica nigra (L.) K.Koch	-	Herb	Lf, Sd	Fever, skin disease and itching on skin	3852
16.	Bromeliaceae	Ananas comosus (L.) Merr.	-	Shrub	Lf	Worm infection and typhoid fever	5362

S. No.	Family	Name of Plant	Regional Name	Habit	Plant Parts Used	Medicinal Use	Accession Number
47.	Calophyllaceae	Mesua ferrea L.	Hershe	Tree	Bk, Lf, Fl, Fr, Sd	Snake bite, scorpion sting, dysentery and scabies	4021
48.	Campanulaceae	Lobelia nicotianifolia Roth ex Schult.	-	Herb	Lf	Blood diseases, uterine disorder, vaginal disorder and burning sensation	3446
1 9.	Cannabaceae	Cannabis sativa L.	Bang	Shrub	Wp	Fever and pain	3986
50.	Cannabaceae	Trema orientalis (L.) Blume	Belphuar	Shrub	Wp	Used to treat epilepsy	5154
51.	Capparaceae	Crateva magna (Lour.) DC.	-	Tree	Bk	Urinary troubles, arthritis and constipation	sPhoto
52.		Lonicera macrantha (D. Don) Spreng.	Leihruisen	Climber	Lf	Dysentery	3881
53.	Caricaceae	Carica papaya L.	Thingfanghna	Tree	Fr, Sd	Skin disease, worm infection, constipation and indigestion	6980
54.	Caryophyllaceae	<i>Drymaria cordata</i> (L.) Willd ex Schult.		Herb	Lf	Jaundice, cold and malaria	3570
55.	Celastraceae	Celastrus paniculatus Willd.	-	Climber	Bk, Sd,	Leprosy, fever and rheumatism.	3154
56.	Chloranthaceae	Chloranthus elatior Link	-	Herb	Rt, Lf	Fever	3524
57.	Cleomaceae	Cleome viscosa L.	-	Herb	Rt, Lf, Sd	Rheumatism, fever, headache, diarrhoea fever, skin diseases and malarial fever	3855
58.	Clusiaceae	<i>Garcinia pedunculata</i> Roxb. ex BuchHam.	Bua	Tree	Fr	Diarrhoea and dysentery	Photo
59.	Combretaceae	Terminalia catappa L.	Vaiumkhal	Tree	Bk, Lf	Skin infection and leprosy	3207
50.	Commelinaceae	Commelina benghalensis L.	-	Herb	Lf	Leprosy	3250
51.	Commelinaceae	Murdannia nudiflora (L.) Brenan	-	Herb	Wp	Burns	3638
52.	Convolvulaceae	Argyreia argentea (Roxb.) Sweet	-	Climber	Rt, Lf, Fr	Rheumatoid arthritis and cold	3022
53.		Camonea umbellata (L.) A.R.Simões and Staples	-	Climber	Wp, Sd	Fistula and skin disease	2785
54.	Costaceae	Hellenia speciosa (J.Koenig) S.R.Dutta	-	Herb	Lf	Worm infestation and snake bite	3749
55.	Crassulaceae	Kalanchoe pinnata (Lam.) Pers.	-	Undershrub	Wp	Diarrhoea, vomiting, inflammations, snake-bite and scorpion-sting	3877
56.	Cucurbitaceae	Coccinia grandis (L.) Voigt	-	Climber	Rt, Lf	Diabetes	3993
57.		Cucumis sativus L.	Fanghma	Climber	Fr	Thirst, constipation and cardiac disorders	3997
58.	Cucurbitaceae	Cucurbita maxima Duchesne	Mai	Climber	Fr	Ringworm and constipation	3996
59.	Cucurbitaceae	Hodgsonia macrocarpa (Blume) Cogn.	Khaum	Climber	Lf, Sd, O	Dysentery and gynecological disorders	3433
70.	Cucurbitaceae	Lagenaria siceraria (Molina) Standl.	-	Climber	Fr	Constipation	6975
71.	Cucurbitaceae	Momordica charantia L.	Changkha	Climber	Lf, Fr, Sd	High blood pressure, diabetes, rheumatism, night blindness and dysmenorrhea	4472

S. No.	Family	Name of Plant	Regional Name	Habit	Plant Parts Used	Medicinal Use	Accessior Number
72.	Cucurbitaceae	Solena heterophylla Lour.	-	Climber	Rt	Spermatorrhoea	2876
73.	Dilleniaceae	Dillenia indica L.	Kawrthindeng	Tree	Fr, Lf	Abdominal pain, cough, fever, cancer, diarrhoea, indigestion, stomachache wound healing and bone fracture	
74.	Dioscoreaceae	Dioscorea pentaphylla L.	-	Climber	Tub	Swelling	4405
5.	Dioscoreaceae	Dioscorea alata L.	Bachin, Egin nginek	Climber	Tub	Leprosy, piles, constipation, asthma and gonorrhoea	3273
6.	Dioscoreaceae	<i>Dioscorea deltoidea</i> Wall. ex Griseb.	Egin nginte	Climber	Tub, Lf, St	Constipation, indigestion and rheumatism	5461
77.	Euphorbiaceae	Baliospermum calycinum var micranthum (Müll.Arg.) Chakrab. and N.P.Balakr.	.Gilagal	Shrub	Wp	Gout, rheumatism, toothache, snake bite, asthma, jaundice and gastric problem	3223
78.	Euphorbiaceae	Euphorbia hirta L.	-	Herb	Wp	Worm infection, stomach problem, cough, asthma and wart	4276
79.	Euphorbiaceae	Jatropha curcas L.	Kangdamdawi	Shrub	St, Fr	Constipation, eczema and ring worm	3354
80.	Euphorbiaceae	Macaranga denticulata (Blume) Müll.Arg.	Yaduk	Tree	Wp	Fungal infection and abdominal pain	4016
31.	Euphorbiaceae	Macaranga peltata (Roxb.) Müll.Arg.	-	Tree	G	Used to treat skin disorders	3616
32.	Euphorbiaceae	Manihot esculenta Crantz	Pangbal, Sin Eegin	Shrub	Tub, Lf	Headache, constipation, indigestion, skin disease and ringworm infection	4420
33.	Euphorbiaceae	Ricinus communis L.	Mutih	Shrub	Rt, Lf	Inflammation, pain, fever, asthma, bronchitis, leprosy and headache	4055
34.	Fabaceae	Acacia concinna (Willd.) DC.	-	Climber	Fr	Dandruff and hair fall.	3216
35.	Fabaceae	Acacia pennata (L.) Willd.	Khanghu	Climber	Bk	Blood disorder and asthma	3921
86.	Fabaceae	Archidendron clypearia (Jack) I.C.Nielsen	-	Tree	Lf, Sd	Diabetes and toothache	3021
37.	Fabaceae	Bauhinia variegata L.	Vaufawang, vaube	Tree	Wp	Dyspepsia, skin diseases, ulcer, scrofula, diarrhoea, dysentery, piles and snake bite	3462
38.	Fabaceae	Crotalaria retusa L.	-	Under shrub	Lf	Fever and scabies	Photo
9.	Fabaceae	Dalbergia lanceolaria L.f.	-	Tree	Bk	Dyspepsia and rheumatism	Photo
00.	Fabaceae	Dalbergia pinnata (Lour.) Prain	Hruitengtera	Climber	Lf	Worm infestation, cuts and wound	3629
91.	Fabaceae	Entada rheedei Spreng.	Kawi	Climber	Bk, Sd	Dysentery and ulcer	3422
2.	Fabaceae	Mimosa pudica L.	Hlonuar	Shrub	Wp	Renal disorders, piles, fistula and scorpion sting	2820
93.	Fabaceae	Pleurolobus gangeticus (L.) J.StHil. ex H.Ohashi and K.Ohashi	-	Undershrub	Lf, Rt	Cough and cold, fever, vomiting, asthma, snake bite and scorpion sting	3938

S. No.	Family	Name of Plant	Regional Name	Habit	Plant Parts	Medicinal Use	Accession
	j		C		Used		Number
94.	Fabaceae	Pueraria montana var. lobata (Willd.) Sanjappa and Pradeep	ı -	Climber	Tub	Fever and stomachache	4360
95.	Fabaceae	Senna occidentalis (L.) Link	-	Undershrub	Lf	Rheumatism and fever	6969
96.	Fabaceae	Senna tora (L.) Roxb.	-	Shrub	Lf, Sd	Low blood pressure, skin disorder, eczema and ringworm	3685
97.	Fagaceae	Quercus semiserrata Roxb.	-	Tree	Bk, G	Wound	3373
98.	Gnetaceae	Gnetum montanum Markgr.	-	Climber	Wp	Fish poison	3591
99.	Juglandaceae	Engelhardia spicata Lechen ex Blume	Hnum	Tree	Rt	Fish poison	Photo
100.	Lamiaceae	Achyrospermum densiflorum Blume	-	Shrub	Lf	Skin disorders	3218
101.	Lamiaceae	Callicarpa arborea Roxb.	Hnahkiah	Shrub	Lf, Bk	Skin disease, stomachache and toothache	3517
102.	Lamiaceae	Clerodendrum colebrookeanum Walp.	Phuihnam	Shrub	Lf	Diabetes, insomnia, dysentery, diarrhoea and high blood pressure	4382
103.	Lamiaceae	Clerodendrum infortunatum L.	-	Shrub	Rt, Lf	Tumour and skin diseases	3514
104.	Lamiaceae	<i>Gmelina arborea</i> Roxb. ex. Sm.	Thlanvawng	Tree	Wp	Gonorrhoea, cough and cold, leprosy, anaemia, snake bite, scorpion sting and ulcer	4285
105.	Lamiaceae	Hyptis suaveolens (L.) Poit.	-	Undershrub	Lf	Wound and skin diseases	2803
106.	Lamiaceae	Leucas aspera (Willd.) Link	-	Herb	Lf	Chronic rheumatism, psoriasis, skin eruptions and snake bite	3061
107.	Lamiaceae	Ocimum tenuiflorum L.	-	Undershrub	Wp	Cough and cold	4303
108.	Lamiaceae	Pogostemon auricularius (L.) Hassk.) -	Herb	St, Wp	Rheumatism	4194
109.	Lamiaceae	Rotheca serrata (L.) Steane and Mabb.	-	Shrub	Wp	Malarial fever, snake bite, high blood pressure, jaundice and fever	3670
110.	Lamiaceae	Tectona grandis L. f.	Teak	Tree	Bk	Inflammation and dyspepsia	6968
111.	Lauraceae	Cinnamomum bejolghota (BuchHam.) Sweet	Thakthingsuak	Tree	Bk	Dyspepsia and liver disorders	2749
112.	Lauraceae	Cinnamomum tamala (Buch. Ham.) T. Nees and Eberm.	-Tezpata	Tree	Rt, Bk	Indigestion, rheumatism, diarrhoea, scorpion bite, cough, diabetes and gonorrhea	3990
113.	Lauraceae	Litsea cubeba (Lour.) Pers.	Sernam	Tree	Fr	Headache, hysteria, paralysis, bone fracture and loss of memory	2763
114.	Linderniaceae	Bonnaya ruellioides (Colsm.) Spreng.	· -	Herb	Lf	Wound, bruise, boil, jaundice, snakebite, dysentery and urinary troubles	3807
115.	Lythraceae	Lagerstroemia speciosa (L.) Pers.	Thlado	Tree	Rt, Bk, Lf	Dysentery, jaundice, fever and constipation	3607

S. No.	Family	Name of Plant	Regional Name	Habit	Plant Parts Used	Medicinal Use	Accession Number
16.	Malpighiaceae	Hiptage benghalensis (L.) Kurz	-	Shrub	Lf, Bk	Skin disease and leprosy	4009
17.	Malvaceae	Abroma augusta (L.) L.f.	Yadukh	Tree	Rt, Bk	Uterine diseases, jaundice and gonorrhoea	3134
18.	Malvaceae	Bombax ceiba L.	Phunchawng	Tree	Rt, Bk, Lf, G	Diarrhoea and snake bite	3929
19.	Malvaceae	Hibiscus rosa-sinensis L.	Chinnpang-par.	Shrub	Lf, Fl	Constipation	4410
20.	Malvaceae	Kydia calycina Roxb.	-	Tree	Lf	Body pain	4078
21.	Malvaceae	Malvastrum coromandelianum (L.) Garcke	-	Herb	Lf	Wound	4295
22.	Malvaceae	Pterospermum acerifolium (L.) Willd.	-	Tree	Bk	Small pox, ulcer, tumour and leprosy	3664
23.	Malvaceae	Sida acuta Burm.f.	-	Undershrub	Rt	Urinary diseases and blood disorders	4319
24.	Malvaceae	Sida rhombifolia L.	-	Undershrub	Rt	Urinary diseases and blood disorders	4321
25.	Malvaceae	Sterculia villosa Roxb.	Khaupui	Tree	Bk	Dysentery, diarrhoea and throat pain	3713
26.	Malvaceae	Triumfetta rhomboidea Jacq.	-	Undershrub	Rt, Lf, Fl, Fr	Gonorrhoea	4458
27.	Malvaceae	Urena lobata L.	Leitha	Undershrub	Rt	Rheumatism	2909
28.	Melastomataceae	eMelastoma malabathricum L	.Builukham	Shrub	Rt, Lf	Toothache	4177
29.	Melastomataceae	e <i>Osbeckia stellata</i> Buch Ham. ex D.Don	Builukham	Shrub	Lf	Toothache	Photo
30.	Meliaceae	Aphanamixis polystachya (W all.) R.Parker	·_	Tree	Bk, Sd	Liver disorders, rheumatoid arthritis, leucorrhoea, ulcer and muscular pain	3145
31.	Meliaceae	Melia azedarach L.	Tapa Tale	Tree	Bk	Worm infestation and skin disorders	4019
32.	Menispermaceae	Anamirta cocculus (L.) Wight and Arn.	-	Climber	Bk, Lf	Snake bite	3144
.33.	Menispermaceae	Cissampelos pareira L.	-	Climber	Rt, St, Lf	Snake bite, cough, urinary troubles, stomach pain, dropsy, diarrhoea, dyspepsia and malaria	3244
34.	Molluginaceae	Trigastrotheca pentaphylla (L.) Thulin	-	Herb	Wp	Wound, scabies and skin diseases	3126
35.	Moraceae	Artocarpus heterophyllus La m.	Lamkhuang	Tree	Rt, Fr, Sd	Diarrhoea, skin diseases, snake bite and inflammation.	3983
36.	Moraceae	Ficus hispida L. f.	-	Tree	Bk, Fr, Sd	Constipation	4005
37.	Moraceae	Ficus religiosa L.	-	Tree	Bk	Ulcer and skin diseases	6976
38.	Moraceae	Ficus semicordata Buch Ham. ex Sm.	Theipui, Tokuk	Tree	Bk, Fr	Jaundice, indigestion, constipation, asthma and hepatitis	3051
39.	Moraceae	Morus macroura Miq.	Thingtheihmu	Tree	In		4031
40.	Myrtaceae	Psidium guajava L.	-	Tree	Lf, fr	Diarrhoea, vomiting and ulcer	4443

S. No.	Family	Name of Plant	Regional Name	Habit	Plant Parts Used	Medicinal Use	Accession Number
141.	Myrtaceae	Syzygium cumini (L.) Skeels	Jamun	Tree	Bk, Fr, Sd	Dyspepsia and diabetes.	4061
142.	Nyctaginaceae	Mirabilis jalapa L.	Aratukkhuan	Undershrub		Diabetes, boils and inflammation	4028
143.	Oleaceae	Jasminum nervosum Lour.	Hruikha	Climber	Lf	Stomachache and diarrhoea	3598
144.	Oleaceae	Nyctanthes arbor-tristis L.	-	Tree	Bk, Lf	Fever and bronchitis	3303
145.	Onagraceae	Ludwigia octovalvis (Jacq.) P.H. Raven	-	Herb	Wp	Skin disease, eczema and wound	13614
146.	Oxalidaceae	Averrhoa carambola L.	Theiher-awt.	Tree	Fr	Jaundice, gum bleeding and fever	6981
147.	Oxalidaceae	Oxalis corniculata L.	Sialthur	Herb	Wp, Lf	Scurvy, fever and urinary tract infection	/3366
148.	Oxalidaceae	Oxalis debilis Kunth	Pak Hukku	Herb	Wp	Dysentery and scurvy	3883
149.	Pandanaceae	Pandanus furcatus Roxb.	-	Tree	Fr	Rheumatic arthritis	3078
150.	Passifloraceae	Adenia trilobata (Roxb.) Engl.	-	Climber	Lf	Snake bite	4344
151.	Pedaliaceae	Sesamum indicum L.	-	Herb	Sd	Diarrhoea, joints pain, eye diseases, ulcer and piles	4316
152.	Phyllanthaceae	Bridelia retusa (L.) A.Juss.	-	Tree	Rt, Bk	Rheumatism	4369
153.	Phyllanthaceae	Phyllanthus emblica L.	Sinhlu	Tree	Fr	Diarrhoea, dysentery, anaemia, jaundice, dyspepsia, haemorrhage, cough and cold	4041
154.	-	$Phyllanthus\ reticulatus\ Poir.$	-	Shrub	Bk, St, Lf	Indigestion	3951
155.	•	Phyllanthus urinaria L.	-	Herb	Wp	Bronchitis, leprosy and asthma	3088
156.	Pinaceae	Pinus roxburghii Sarg.	-	Tree	Rs	Rheumatism, fever and inflammation	6972
157.	Piperaceae	Piper attenuatum Buch Ham. ex Miq.	-	Climber	St, Lf	Liver diseases and urinary troubles	3090
158.	Piperaceae	Piper longum L.	Saturikki	Herb	Rt, Fr	Cough, fever and arthritis	4310
159.	Piperaceae	Piper nigrum L.	-	Climber	Sd	Toothache, piles, skin diseases, fever, vertigo and dyspepsia	4309
160.	Piperaceae	Piper pedicellatum C. DC.	Riir	Climber	St, Lf, Fr	Insomnia, bodyache, cough and lack of appetite	3308
161.	Piperaceae	Piper sylvaticum Roxb.	-	Climber	Fr	Flatulence	3311
62.	Plantaginaceae	Scoparia dulcis L.	Mithipatti	Herb	Lf	Stomachache	3683
63.	Poaceae	Cymbopogon nardus (L.) Rendle	-	Herb	Wp	Indigestion	5364
64.	Poaceae	Cynodon dactylon (L.) Pers.	Phaitualhnim	Herb	Wp	Bleeding piles, cuts and wound	4255
65.	Poaceae	Dendrocalamus giganteus M unro		Herb	Ys	Chest pain, indigestion, constipation and low blood pressure	3346
166.	Poaceae	Dendrocalamus hamiltonii N ees and Arn. ex Munro	Phulrua	Herb	Lf, Fr	Low blood pressure	3260
167.	Poaceae	<i>Desmostachya bipinnata</i> (L.) Stapf	-	Herb	Wp	Asthma and jaundice	3562

S. No.	Family	Name of Plant	Regional Name	Habit	Plant Parts Used	Medicinal Use	Accession Number
68.	Poaceae	Eleusine indica (L.) Gaertn.	-	Herb	Wp	Liver problem	3870
69.	Poaceae	Paspalum scrobiculatum L.	-	Herb	Wp	Constipation and ulcer	3645
70.	Poaceae	Saccharum officinarum L.	Fu	Herb	St	Used to treat jaundice	6970
71.	Poaceae	Saccharum spontaneum L.	-	Herb	Rt	Urinary disorders, bleeding piles and gynecological disorder	5183
72.	Poaceae	Sacciolepis indica (L.) Chase	: -	Herb	Wp	Throat problems	3672
73.	Polygonaceae	Persicaria barbata (L.) H. Hara	Anbawng	Herb	Rt, Sd	Colic	3887
74.	Polygonaceae	<i>Persicaria chinensis</i> (L.) H. Gross	Taham	Herb	Wp	Scurvy	2973
75.	Pontederiaceae	<i>Monochoria vaginalis</i> (Burm f.) C.Presl		Herb	Rt, St	Toothache and asthma	4429
76.	Primulaceae	Embelia ribes Burm.f.	-	Shrub	Rt, Fr	Fever and skin disease	5161
77.	Ranunculaceae	Clematis gouriana Roxb. ex DC.	-	Climber	Lf	Skin disorders	3246
78.	Ranunculaceae	Naravelia zeylanica (L.) DC.	-	Climber	St	Toothache	2788
79.	Rhamnaceae	Ziziphus jujuba Mill.	-	Tree	Rt, Bk	Rheumatism, gout and diarrhoea	4075
80.	Rhamnaceae	${\it Ziziphus\ oenopolia\ (L.)\ Mill.}$	-	Tree	Bk	Stomach disorders	3329
81.	Rosaceae	Eriobotrya japonica (Thunb.) Lindl.) -	Tree	Lf	Diarrhoea	3999
82.	Rosaceae	Prunus persica (L.) Batsch	Sikom	Tree	Fr	Constipation and cough	4047
83.	Rosaceae	Rosa indica L.	-	Shrub	Lf, Fr	Wound and ulcer	6971
84.	Rosaceae	Rubus moluccanus L.	Tasin	Shrub	Lf, Fr	Nocturnal enuresis	3111
85.	Rubiaceae	Dimetia scandens (Roxb.) R.J.Wang	-	Climber	Rt	Sprain and pain	3045
86.	Rubiaceae	Morinda angustifolia Roxb.	Lum	Tree	Lf	Cracks in the feet	3634
87.	Rubiaceae	Mussaenda roxburghii Hook. f.	Tangmeng	Shrub	Wp	Blemishes on tongue and acute gastroenteritis	3760
88.	Rubiaceae	Mycetia longifolia (Wall.) Kuntze	Tangnge	Shrub	Lf	Pain, ulcer, wound and inflammation	4355
89.	Rubiaceae	Pavetta indica L.	-	Shrub	Rt	Skin disorders	4037
90.	Rutaceae	Aegle marmelos (L.) Corrêa		Tree	Fr	Diarrhoea and gastric disorders	3969
91.	Rutaceae	Citrus medica L.	Jipin	Tree	Fr	Dysentery, heatstroke and scurvy	3737
92.	Rutaceae	Citrus sinensis (L.) Osbeck	Serthlum	Tree	Fr	Heatstroke and scurvy	4465
93.	Rutaceae	Murraya koenigii (L.) Spreng.	Arpatil	Shrub	Lf	Indigestion and dysentery	4431
94.	Rutaceae	Toddalia asiatica (L.) Lam.	Koche taa	Climber	Bk, Lf, Fr	Fever, constipation and indigestion	3011
95.	Sapindaceae	Aesculus assamica Griff.	Ozonsak	Tree	Rt, Fl, Sd	Skin infection, backache and haemorrhoids	
96.	Saururaceae	Houttuynia cordata Thunb.	Vaithinthang, Hiya	Herb	Ts, Lf, St	Dysentery, measles, gonorrhoea, diarrhoea, skin troubles, pneumonia, bronchitis and stomach ulcer	3874
97.	Scrophulariaceae	Buddleja asiatica Lour.	Sialrial, Serial	Shrub	Lf	Inflammation	3393

S. No.	Family	Name of Plant	Regional Name	Habit	Plant Parts Used	Medicinal Use	Accession Number
198.	Smilacaceae	Smilax ovalifolia Roxb. ex D. Don	Kaihapui	Climber	Rt	Jaundice, rheumatic pain and gonorrhoea	3960
199.	Smilacaceae	Smilax perfoliata Lour.	-	Climber	Rt	Blood dysentery	3697
200.	Solanaceae	Physalis angulata L.	-	Herb	St, Lf, Fr	Indigestion	3654
201.	Solanaceae	Solanum nigrum L.	Byako, Hoor	Shrub	Lf, Fr	Fever, diabetes, stomach pain, diarrhoea and hepatomegaly	4325
202.	Solanaceae	Solanum viarum Dunal	Athlo, Sibin biik	Shrub	Fr, Sd	Dental caries, liver disorder, chest pain, fever, cough, stomachache and toothache	4327
203.	Solanaceae	Solanum indicum L.	Bayon	Shrub	Wp	Toothache, fever, worm infestation, colic, cough and catarrhal affections	4059
204.	Solanaceae	Solanum myriacanthum Duna	l -	Shrub	Wp	Dental disorders	3701
205.	Solanaceae	Solanum torvum Sw.	Titla, Sot biik	Shrub	Fr	Spleen disorder, liver disorder, chest pain, fever, cough, toothache and skin diseases	3482
206.	Styracaceae	Styrax serrulatus Roxb.	-	Tree	Rs	Wound	3903
207.	Theaceae	Schima wallichii (DC.) Korth.	Khiang	Tree	Bk, Sd	Stomach trouble	3893
208.	Thymelaeaceae	Aquilaria malaccensis Lam.	Thing-rai	Tree	St	Diarrhoea, constipation, vomiting and snake bite	4237
209.	Urticaceae	Debregeasia longifolia (Bur m.f.) Wedd.	-	Shrub	Fr, Lf	Rheumatism and scabies	3412
210.	Urticaceae	Girardinia diversifolia (Link) Friis	Kangthai	Shrub	Lf	Headache, joint pain and fever	3282
211.	Urticaceae	Pouzolzia bennettiana Wight	Huik	Herb	Lf	Constipation	4307
212.	Verbenaceae	Lantana indica Roxb.	-	Shrub	Lf	Tetanus, rheumatism and malaria	3823
213.	Verbenaceae	Lantana camara L.	Hlingpang-par	Shrub	Lf	Cuts, ulcer and swelling	6974
214.	Vitaceae	Causonis trifolia (L.) Mabb. and J.Wen	-	Climber	St, Fr	Ulcer and fever	2740
215.	Vitaceae	Cissus repens Lam.	-	Climber	Wp	Boil and abscess	4252
216.	Vitaceae	Leea indica (Burm. f.) Merr.	-	Shrub	Rt	Diarrhoea and dysentery	2808
217.	Zingiberaceae	<i>Alpinia malaccensis</i> (Burm. f.) Roscoe	-	Herb	Rhz, Fl	Throat sore, cough and fever	3798
218.	Zingiberaceae	Alpinia nigra (Gaertn.) Burtt	Tora	Herb	Rhz, Lf, Fr	Fever, inflammation, cough, fungal infection, jaundice and gastric ulcer	2925
219.	Zingiberaceae	Amomum maximum Roxb.	_	Herb	Rt, Fl	Blood pressure	3387

Kessang district of Arunachal Pradesh for treating different types of ailments which could be an indication of the significant role of phytotherapy based traditional medicine in meeting the basic healthcare needs of the people. The use of herbaceous

species and trees (63 plants) was maximum among the local people that could be a result of their relative abundance as compared to climbers, undershrubs¹¹. Plants of family Asteraceae and Fabaceae are dominant in present investigation as similar to the

previous studies¹⁴. Some of the medicinal plants used by the tribes of the Seijosa area are also used by the tribal population of other districts of Arunachal Pradesh and other states of India. Leaves of Ageratum conyzoides L. for blood clotting is used by Mishing, Jaintia tribes of Assam^{14,21-25} and by Nyshi, Galo, Tagin, Tangsas and Singphos tribes of Arunachal Pradesh^{14,23}. Leaves and root decoction Clerodendrum colebrookeanum Walp, are reported to be used by various tribes of Arunachal Pradesh and Assam in malarial and bronchitis treatment 14,23,26,27. Powdered bark of Oroxylum indicum (L) Vent. is used by Mongpa tribe of Arunachal Pradesh^{23,27} and Mishing community of Assam²² in Malarial treatment and liver disorder. Similarly, bark powder is used in skin itching, swelling, liver and stomach problem by Nyshi, Tagin and Galo Tribes of Upper Subansiri District, Arunachal Pradesh¹⁴. Crushed root and bark of Gmelina arborea Roxb. ex. Sm. is used by Padam (Adis) tribe of Arunachal Pradesh to purify the blood and in stomach trouble 14,23. Fruits of *Piper nigrum* L. is used in cough, bronchitis, and tonsillitis²³. In the present study. 11 plant species were used in the treatment of piles, which is very similar to local communities of Betbari area in Sivasagar district of Assam who used 12 plants²⁶. Chromolaena odorata (L.) R.M.King & H. Rob. is the most dominant weed in the study area having much medicinal value as leaves paste is directly applied on cut and wounds and also used as fish poison as recorded earlier²⁸. In the present study, Acmella oleracea (L.) R. K. Jansen is used in urinary disorders, inflammation of lungs, and bowels but the fresh flower is used in the treatment of toothache and the leaves are edible as a vegetable by Tagin and Galo Tribe of Arunachal Pradesh²⁸. Similarly leaf paste of Mussaenda roxburghii Hook. f. is applied to the freshly cut wound to enable blood clotting and it is also edible as a vegetable by Tagin and Galo Tribe²⁸. Jaundice is a complex ailment caused by the malfunctioning of the liver. Averrhoa carambola L., Drymaria cordata (L.) Willd. ex Schult., Phyllanthus emblica L., etc. are used in liver malfunctioning and similar plants are used by Tea Tribes of Morigaon District, Assam²⁹. Amaranthus spinosus L., Citrus medica L., Cymbopogon nardus (L.) Rendle, Dillenia indica L., Hibiscus rosa-sinensis L., Nyctanthes arbor-tristis L., Phyllanthus emblica L., Ricinus communis L., etc. are known for their use to cure multiple skin diseases^{30,31}. Aegle marmelos (L.) Correa^{29,32}, Ageratum conyzoides L.^{2,15,16,22,23,33,34},

Alpinia malaccensis (Burm. f.) Roscoe³⁵, Alpinia nigra (Gaertn.) Burtt^{2,33}, Alstonia scholaris (L.) R. Br. 15,22,23,29,30,33 *Amaranthus spinosus* L.^{2,6,16,30}. L.³³, Callicarpa Bauhiniavariegata arborea Roxb.^{2,15,23}, Chenopodium album L.³³, Chromolaena odorata (L.) R. M.King and H. Rob.², Cissampelos pareira L.³⁵, Clerodendrum colebrookeanum Walp.^{23,32}, Cyanthillium cinereum (L.) H. Rob.³⁶, Cymbopogon nardus (L.) Rendle³⁰, Dillenia indica L.³², Euphorbia hirta L.^{15,23,36}, Ficus semicordata Buch.-Ham. ex Sm.³⁶, Hellenia speciosa (J. Koenig) S. R. Dutta^{2,6,23,29,33}, *Hiptage benghalensis* (L.) Kurz³⁶, Thunb. 6,15,22,29,32 Houttuynia cordata Kunth^{2,23}, micrantha Murraya koenigii Spreng. 22,32, Mycetia longifolia (Wall.) Kuntze², Oroxylum indicum (L.) Kurz^{2,15,23}, Oxalis corniculata L.^{2,23,29}, Piper nigrum L.^{2,6,23,30}, Sida acuta Burm.f.^{22,30,35,37}, *Trevesia palmata* (Roxb. ex Lindl.) Vis.⁶, Wrightia arborea (Dennst.) Mabb.³⁶, etc. are found abundantly in this area and already known for their similar ethnomedicinal uses with slight differences in their formulation, method preparation and mode of administration. knowledge given in the paper is from a limited area and there is always a scope to initiate further study among the communities living in the remote areas. Different methods of preparation and the use of traditional medicine along with their claimed success reported in the present study need to be extended for future scientific analysis in the area of core pharmacology and phytochemistry in the hope of unearthing new drug formulations.

Conclusion

Based on the present study, it is concluded that the Seijosa circle (forest area) has a diverse treasure of medicinally important plants useful for mankind. Treating various ailments also reveals the existence of traditional knowledge among the tribal community. Authors observed that there is a decline in medicinal plant knowledge among local people due to the increasing inclination towards modern medicine as well as a lack of written text to record this age old knowledge. In the present study, it was found that the Nyishi community of fringe village in Seijosa circle cultivated and collected wild crop species which are used medicinally and sell these medicinal plants in the local market. Furthermore, the over-exploitation of non timber forest products (NTFP) may lead to decline of these species from the area. In this context, *ex-situ* and *in-situ* conservation strategies and cultivation of these plants species are needed which will help to maintain the ecological balance, traditional knowledge as well as livelihood support to the local inhabitants. Thus, the authors hope that this study will be beneficial for ethno-botanists, phytochemists, and pharmacologists for further critical investigation of medicinal plants.

Acknowledgement

The authors are thankful to Swami Ramdev Ji Maharaj of Patanjali Yogpeeth, Haridwar for his guidance during this study. Thanks are also due to Dr B. K. Shukla of Botanical Survey of India, Prayagraj for the identification of plants.

Conflict of interest

There are no conflicts of interest associated with this publication and we confirm that the manuscript has been read and approved by all named authors.

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