

Notes on some potential new and noteworthy first hand ethnomedicinal herbal drug dosimetry interviewed with the Gorkha Nepalese Community of Darjeeling Hills (India)

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Supplementary Data

Luculia
pinacane
gratissima (Wall) Sweet
"Doware phool"

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05/12/2022
SEPIGAON

Ethnobotany Research and Applications 12

Annex 1. Ethnobotanical and socio-cultural questionnaire sheet adopted for this study

Location surveyed *Sepigaon, Darjeeling district*

Geographic location (GPS) : *27° 07' 39" N & 88° 05' 51" E*

Person under investigation *elv. 1899 Male*

Age : < 20 [20-30] [30-40] [40-50] [50-60] plus of 60 ans

Sex: Female Male

Level of study: illiterate Prim Sec Univ

Marital Status: Married Single Divorced Widowed

Profession : *Housewife*

Do you use herbal medicine? Yes No

If so, you used it because it's...?

Effective Cheaper Acquisition Ineffective drug

The plants used by the respondent:

Vernacular name: *"Dowary Phul" (Rai)*

Scientific name: *Luculia sp. (L. gratissima (Wall) Sweet)*

Type of plant: Cultivated Spontaneously

Use of the plant: Therapeutic Cosmetic

Parts used: Stem Leaf Root Branch Fruit Flower

Condition of the plant: Fresh Dry

Drying method: Shade drying Solar drying

Method of preparation: Infusion Decoction Cataplasm Raw Cooked

Mode of administration : Oral massage rinsing

Harvest period: Summer Autumn Winter Spring

Dosage: *One teaspoon full sun dried shade-dried flower dust mixed & taken any time in a day*

Duration of treatment: *3 days*

Diseases treated: *Diarrhoea, Vomiting, acidity*

Side effects: Yes No

If yes, what are these effects

Chandralekha Rai (Signed by her daughter)
5/12/2022
Sepigaon
Age: 72

JTK informant:
Chandralekha Rai (Signed by her son)

Supplementary Fig. S1 — Sample Questionnaire for ethnomedicinal plants taken during oral interviews at Sepigaon, Darjeeling district (oral interview with Smt. Chandralekha Rai of Sepigaon aged 72 for 'Dowarephool plant', *Luculiagratisissima* (Wall.) Sweet (Rubiaceae)